



January 2012- Happy Chinese New Year!

HAPPY CHINESE NEW YEAR FROM CCCYC!

2012 is the year of the dragon, described as one of the mightiest zodiac signs. We hope that it will bring you lots of happiness, prosperity and good fortune!

Happy Chinese New Year!



CHINESE NEW YEAR CELEBRATIONS

Celebrate the new lunar year with CCCYC and CCC! Bring your friends and family and join us for a number of fun, festive events including:

Chinese New Year Extravaganza at the ROM

100 Queens Park
Sunday, January 15, 2012
11am - 4pm
ROM admission is required

Celebrating the Year of the Dragon at CCC

5183 Sheppard Avenue East
Sunday, January 22, 2012
Noon - 3pm
Admission is FREE

CCC Year of the Dragon Banquet

5183 Sheppard Avenue East
6pm Reception
Tickets: \$45/60

For more information on the above events, please visit cccg.org or call 416-292-9293.

FOOD AND NUTRITION

Is eating better and staying healthy on top of your new year's resolution list?

If so, you'll definitely want to attend Chinese Collective Art Association's Chinese Food Seminar hosted by Felix Sun, a holistic food nutritionist, personal trainer, and registered massage therapist. Start your new year off on a healthy note!



Chinese Food Nutrition Seminar

Saturday, January 14, 2012

4pm-5:30pm

@ Chi-Ping Dance Studio
505 Hood Rd. Unit 2, Markham

\$5 Members, \$8 Non-members

Snacks and Refreshments provided!
Prepare your diet for all the festivities of the upcoming Lunar New Year!

Guest Speaker: Felix Sun

Felix Sun is a Holistic Nutritionist, Personal Trainer, and Registered Massage Therapist, looks at the body as a whole and determines the root cause of the condition, not just the symptoms it plays part.

416-904-6467
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NEWS FROM OUR FRIENDS

It's been a very busy year for our friend and former Youth of the Year winner, Susanne Hou - also known as Little Miss Violin. She has travelled the world sharing and showcasing her talent and even recently celebrated her birthday! To see what else she's been up to and where you can see her next, please visit her website www.susannehou.com and don't forget to sign up for her newsletter!

GET ONLINE WITH CCCYC!

Check out our blog!

There you can see some of the interesting topics/initiatives and profiles of individuals in the GTA!

<http://blog.cccyc.com>

Participate and join our new forums!

Here's your chance to engage other youth and get to "See, Hear, Speak Your Mind!"

<http://forums.cccyc.com>

Join our Facebook page!

Connect with other CCCYC members, friends, and partner organizations! See photos of our events, discussions, blogs, and more!

<http://www.facebook.com/group.php?gid=100818242566>

Follow us on Twitter!

<http://twitter.com/cccycc>